



30-DAY HOLIDAY RAD CHALLENGE { RANDOM AWESOME DEEDS }



Let's all make the world a little brighter this month, shall we?

- GIVE A STRANGER A COMPLIMENT!
- DELIVER A BASKET OF HEALTHY SNACKS TO YOUR LOCAL FIRE OR POLICE STATION.
- BRING YOUR CHILD'S TEACHER A COFFEE, SMALL GIFT OR A HANDWRITTEN THANK YOU NOTE.
- DONATE A BAG OF FOOD TO YOUR LOCAL FOOD BANK.
- SMILE AT EVERYONE YOU COME INTO CONTACT WITH TODAY.
- OFFER TO HELP SOMEONE CARRY SOMETHING OUT OF A STORE OR WORK.
- LEAVE A THANK YOU NOTE & TREAT IN THE MAILBOX FOR YOUR MAIL CARRIER.
- MAKE HOMELESS BLESSING BAGS TO PASS OUT.
- WRITE "YOU ARE BEAUTIFUL" ON A STICKY NOTE AND LEAVE IT IN A PUBLIC RESTROOM.



- LEAVE AN EXTRA GENEROUS TIP FOR YOUR SERVER.
- BRING TREATS & GOOD CHEER TO A LOCAL NURSING HOME.
- WRITE AN OLD FASHIONED THANK YOU NOTE TO SOMEONE YOU ADMIRE.
- BUY A GIFT CARD AND HAND IT TO SOMEONE WHO MAY NEED IT.
- BUY COFFEE OR LUNCH FOR THE PERSON IN LINE BEHIND YOU.
- MAKE A DONATION TO A GOFUNDME ACCOUNT.
- DONATE TOYS TO A LOCAL ORGANIZATION.
- PICK UP TRASH AT A LOCAL PARK OR IN YOUR NEIGHBORHOOD.
- DONATE SUPPLIES TO THE ANIMAL SHELTER.
- MAKE DINNER FOR SOMEONE IN NEED (A NEW MOM, AN ELDERLY NEIGHBOR, A SICK FRIEND).
- LET SOMEONE GO AHEAD OF YOU IN LINE.

Love
&
Peace

- MAKE A FAMILY MEMBER BREAKFAST IN BED.
- BRING IN A HEALTHY TREAT FOR YOUR CO-WORKERS.
- HELP OUT A NEIGHBOR WITH A TASK.
- WRITE SOMEONE AN ENCOURAGING NOTE.
- LEAVE HAPPY NOTES FOR STRANGERS TO FIND.
- SEND A CARE PACKAGE TO A SICK CHILD IN A HOSPITAL (WWW.CARDSFORHOSPITALIZEDKIDS.COM)
- SEND HOLIDAY THANK YOU NOTES.
- WRITE A THANK YOU NOTE TO A DEPLOYED OR WOUNDED MEMBER OF THE MILITARY VIA WWW.OPERATIONGRATITUDE.COM
- WRITE A POSITIVE ONLINE REVIEW OF A BUSINESS YOU LIKE.
- DONATE WARM CLOTHES, JACKETS, HATS, SOCKS OR BLANKETS TO A LOCAL HOMELESS SHELTER.

