



# 30 FOR 30 30 JOURNAL PROMPTS

Let's fill our journals!

I journal because it's a wonderful way to document my life. There's something so beautiful about seeing your memories and moments recorded on paper.



1 <input type="checkbox"/> A SPECIAL HOLIDAY MEMORY	2 <input type="checkbox"/> LOOK OUT THE WINDOW, WHAT DO YOU SEE?	3 <input type="checkbox"/> 3 THINGS YOU ARE GRATEFUL FOR RIGHT NOW	4 <input type="checkbox"/> A FOND MEMORY FROM WHEN YOU WERE A CHILD	5 <input type="checkbox"/> A FUNNY STORY	6 <input type="checkbox"/> MEMORIES FROM A FAVORITE TRIP	7 <input type="checkbox"/> YOUR MONTHLY BUDGET AT THIS PHASE IN YOUR LIFE	
8 <input type="checkbox"/> NOTES ABOUT FAMILY LIFE RIGHT NOW	9 <input type="checkbox"/> YOUR DREAMS	10 <input type="checkbox"/> YOUR CHILDREN'S BIRTH STORIES	11 <input type="checkbox"/> A LIST OF YOUR FAVORITE BOOKS	12 <input type="checkbox"/> YOUR FEARS OR ANXIETIES	13 <input type="checkbox"/> SOMEONE YOU ADMIRE	14 <input type="checkbox"/> HOW YOU MET YOUR PARTNER/SPOUSE/BEST FRIEND	
15 <input type="checkbox"/> FAVORITE FAMILY TRADITIONS	16 <input type="checkbox"/> A FAMILY RECIPE THAT YOU CHERISH	17 <input type="checkbox"/> ADVENTURES YOU ARE DREAMING OF	18 <input type="checkbox"/> THE MAGIC OF THE SEASON YOU ARE IN	19 <input type="checkbox"/> THREE MOST IMPORTANT THINGS IN YOUR LIFE RIGHT NOW	20 <input type="checkbox"/> MEMORIES OF YOUR CHILDREN	21 <input type="checkbox"/> SOMETHING WEIGHING ON YOUR HEART RIGHT NOW	
22 <input type="checkbox"/> HOW YOU FELL IN LOVE	23 <input type="checkbox"/> YOUR BIGGEST ASPIRATIONS	24 <input type="checkbox"/> YOUR IDEAL DAY	25 <input type="checkbox"/> YOUR POSITIVE HABITS	26 <input type="checkbox"/> HABITS YOU'D LIKE TO CULTIVATE	27 <input type="checkbox"/> THE GOALS YOU HAVE ACCOMPLISHED	28 <input type="checkbox"/> THE GOALS YOU'D LIKE TO ACHIEVE	
29 <input type="checkbox"/> YOUR FAVORITE MOMENTS FROM THIS PAST WEEK	30 <input type="checkbox"/> HOW YOU CAN SHARE YOUR GIFTS WITH THE WORLD	<p>Thanks for joining us for our Commit30 30 Journal Prompts Challenge!</p> <p>For more goal-getting inspiration and tips, be sure to join our private goal-getters group here (link to FB goal-getters group: <a href="http://www.facebook.com/commit30">www.facebook.com/commit30</a>) and follow us on Instagram at @commit30</p>					

