

3 COMMIT



30 FOR 30 DIGITAL DETOX CHALLENGE



Let's unplug together!

Commit to spending no more than 30 minutes on social media everyday this month.

1	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	2	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	3	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	4	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	5	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	6	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	7	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA
8	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	9	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	10	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	11	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	12	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	13	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	14	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA
15	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	16	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	17	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	18	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	19	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	20	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	21	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA
22	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	23	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	24	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	25	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	26	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	27	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	28	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA
29	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA	30	<input type="checkbox"/> <30 MIN. ON SOCIAL MEDIA										